

March 2008

LAKEVILLE NORTH GYMNASTICS BOOSTER CLUB
CODE OF CONDUCT

- Gymnasts must participate within these club rules and the general class safety rules displayed on the Notice Board
- Gymnasts must respect all LNHS gymnastics coaches by listening and paying attention to what they are being asked and expected to do. Gymnasts are encouraged to give suggestions and feedback to their coaches but not argue
- Gymnasts must respect fellow team members by being kind to each other, taking turns fairly, helping each other, and providing encouragement to each other. Gymnasts need to bring a positive attitude into the gym each day.
- Bullying is never acceptable and will not be tolerated in the LNHS gymnastics gym. Bullying includes creating rumors, speaking disrespectfully of or to another gymnast, and singling out any gymnast
- Gymnasts must wear suitable clothing. Hair needs to be tied back wherever possible and all jewelry removed. Earrings for newly pierced ears can remain in place but need to be protected by plasters or tape.
- Gymnasts should help to take care of all equipment and only use it as instructed by the coaches. Gymnasts must never use equipment when they are unsupervised by a coach.
- Gymnasts must concentrate on what they are doing when practicing a skill in order to keep themselves safe.
- Gymnasts must make sure that a coach has been informed of any existing injuries or illnesses they have before the warm up begins.
- Gymnasts must not eat any food, drink beverages (except water in covered containers), or chew gum while in the LNHS gymnastics gym.
- Gymnasts must not use bad or offensive language.
- Gymnasts must not smoke, consume alcohol, or take drugs for purposes other than medication while participating in the LNHS Booster Club training.
- Gymnasts should remain with the coaches for the entire practice until the coaches dismiss them. Captains and/or coaches need to be informed of early release, late arrive, or absences.

Consequences

1st Offense: Verbal Warning—discussion with the coach(es) and gymnast.

2nd Offense: Parent Meeting—parent will be called in for a conference with the coach(es) and gymnast.

3rd Offense: Suspension—length of time determined by the coach(es)

I, _____ have read and discussed with my parent(s) the LNHS
(student name)
Booster Club Code of Conduct.

(student signature)

(parent signature)