

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****Event 1 Girls 200 Yard Medley Relay****Pool Record: 1:50.83 ! 2007****7AA TT Rec: 1:55.19 # 2008****Wayzata****A. Hintz, J. Stenroos, S. Caprio, S. Johnson****Blaine****N. Volna, S. Rodriguez, R. Cardinal, A. Suchanek**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Duluth East	A	1:57.86	1:57.95	56
1) Punyko, Kelly 8 30.70 30.96 29.65	2) Punyko, Emily 12 26.64	3) Reed, Lisa 12	4) Vargason, Michelle 12	
2 Coon Rapids	A	1:59.00	1:59.00	54
1) Rhodes, Stephany 11 31.26 33.98 27.64	2) Weiler, Lydia 11 26.12	3) Starke, Samantha 09	4) Ness, Samantha 10	
3 Andover/Legacy Christian Acade	A	2:03.80	2:02.61	52
1) Twedell, Emily 12 32.23 34.25 29.68	2) McQuillan, Maria 10 26.45	3) Friedrich, Annie 12	4) Mickelson, Kara 10	
4 Duluth East	B	2:04.85	2:03.76	50
1) Gatlin, Alyssa 12 32.52 36.02 28.52	2) Nyenhuis, Kayla 7 26.70	3) Knauss, Cora 9	4) Marlow, Alissa 8	
5 Forest Lake Rangers	A	2:06.41	2:08.10	48
1) Reily, Heather 10 34.41 34.47 30.51	2) Brennhofer, Anna 11 28.71	3) Sperry, Morgan 11	4) Ewert, Brooke 11	
6 Blaine Bengals	A	2:06.83	2:09.22	46
1) Sullivan, Erin 9 31.21 36.82 32.98	2) Kytta, Hayley 10 28.21	3) Trojak, Natalie 12	4) Takkunen, Lexi 9	
7 Duluth East	C	2:12.00	2:09.81	44
1) Marlow, Marina 12 33.11 37.34 31.17	2) Alworth, Rachel 12 28.19	3) Friske, Meghan 9	4) Johnson, Annika 9	
8 Champlin Park	B	2:12.12	2:10.44	42
1) Katchmark, Laura 9 32.43 39.56 31.26	2) Manke, Marissa 9 27.19	3) Stordahl, Sydney 9	4) Baumeister, Johanna 10	
9 Champlin Park	A	2:04.89	2:11.19	40
1) Bundy, Alexis 10 33.46 37.58 29.53	2) Handel, Ashley 12 30.62	3) Ledray, Laura 11	4) Johnson, Michelle 12	
10 Anoka High School	A	2:11.40	2:11.69	38
1) Youngquist, Emma 11 33.30 38.20 31.78	2) Hennen, Paige 11 28.41	3) Gilmer, Sarah 10	4) Friesen, Shauna 10	
11 Andover/Legacy Christian Acade	B	2:14.00	2:12.16	36
1) Murphy, Margaret 12 33.71 38.15 31.84	2) McQuillan, Grace 12 28.46	3) Bittner, Madeline 11	4) Dalton, Ashley 12	
12 Anoka High School	B	2:14.30	2:13.11	34
1) January, Donna 11 34.13 38.82 32.32	2) Jacob, Eliza 10 27.84	3) Billett, Kayla 11	4) Pickhardt, Leah 10	
13 Duluth East	D	2:16.00	2:14.29	32
1) Mead, Linnea 9 34.85 38.05 32.86	2) Howg, Karly 10 28.53	3) Benton, Sydney 10	4) Holmstrom, Cassandra 9	
14 Coon Rapids	B	2:15.00	2:14.46	30
1) Andrews, Julia 11 34.86 37.37 33.03	2) Pierson, Linsey 11 29.20	3) DeJoy, Allison 12	4) Santrach, Amelia 11	
15 Forest Lake Rangers	B	2:14.97	2:15.63	28
1) Anderson, Katherine 11 36.01 36.95 32.84	2) Welch, Kellie 10 29.83	3) Kroska, Sarah 10	4) Mendoza, Erin 9	
16 Blaine Bengals	B	2:14.20	2:16.46	26
1) Hehr, Abby 09 33.86 37.06 36.35	2) Hagen, Tessa 11 29.19	3) Stenzel, Charlotte 9	4) Hartin, Makenzie 10	

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 1 Girls 200 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
17 Anoka High School	C	2:20.60	2:19.27	24
1) Keller, Lexi 12	2) Hastings, Abigail 9	3) Wahl, Nicole 10	4) Greenwaldt, Jewel 9	
38.83 38.49 33.61	28.34			
18 Anoka High School	D	2:22.50	2:21.27	22
1) Hudoba, Marissa 8	2) Sakry, Madeline 9	3) Mooney, Simone 11	4) Colby, Jessica 9	
35.83 40.65 35.42	29.37			
19 Forest Lake Rangers	C	2:18.21	2:21.66	20
1) Sievers, Amanda 10	2) Curtis, Brianna 10	3) Riesgraf, Charity 12	4) Lawrence, Karlee 9	
36.93 40.34 32.66	31.73			
20 Champlin Park	C	2:16.78	2:22.83	18
1) Scheller, Abby 11	2) Pietruszewski, Megan 10	3) Nordlund, Jaime 10	4) Jendro, Brittany 9	
35.14 42.19 33.41	32.09			
21 Champlin Park	D	2:17.98	2:28.76	16
1) Owens, Courtney 10	2) Herron, Kelly 9	3) Kashmark, Jamie 9	4) Nordlund, Jennifer 9	
36.87 40.64 37.08	34.17			
22 Forest Lake Rangers	D	2:28.78	2:29.66	14
1) Cogar, Alexis 9	2) Zusan, Courtney 10	3) Wambold, Kellie 10	4) Rachel, Skylah 9	
41.70 38.32 36.08	33.56			
23 Blaine Bengals	C	2:19.20	2:30.14	12
1) Pioske, Megan 11	2) Olson, Katrina 11	3) Erickson, Arianna 12	4) Clark, Alison 12	
37.33 39.96 40.73	32.12			
24 Blaine Bengals	D	2:24.20	2:30.69	10
1) Glubke, Samantha 10	2) Sanborn, Bekah 11	3) Jackman, Katelyn 11	4) Thorngren, Heather 12	
40.10 39.47 36.38	34.74			
25 Andover/Legacy Christian Acade	C	2:19.90	2:31.36	8
1) Backous, Kailee 10	2) Baldus, Samantha 10	3) Bednarczyk, Kaylie 09	4) Zapzalka, Alexis 11	
35.32 45.27 32.65	38.12			
26 Coon Rapids	C	2:36.00	2:32.98	6
1) Larrabee, Kendra 09	2) Bolin, Breanna 09	3) Wells, Niclole 10	4) Chouinard, Rachel 12	
38.22 43.52 38.95	32.29			
27 Coon Rapids	D	2:36.00	2:33.62	4
1) Daml, Rebecca 09	2) Cartland, Victoria 12	3) Herold, Brittany 09	4) Lowe, Tarah 09	
39.10 39.79 38.60	36.13			

**Event 2 Girls 200 Yard Freestyle****Pool Record: 1:51.97 ! 2008****7AA TT Rec: 1:58.07 # 2005****Emily Blasko****Liz Halet****Robbinsdale-Arms****Champlin Park**

Name	Yr	School	Seed Time	Finals Time	Points
1 Tonsager, Alison	12	Anoka High School	2:00.93	2:00.61	28
27.85 30.44 30.72	31.60				
2 Reed, Elizabeth	12	Duluth East	2:04.26	2:01.96	27
28.81 30.62 31.35	31.18				
3 Friedrich, Annie	12	Andover/Legacy Christian Acade	2:09.01	2:08.90	26
30.09 31.97 33.16	33.68				
4 Madden, Valarie	11	Duluth East	2:18.00	2:08.91	25
29.93 32.16 33.58	33.24				
5 Perkins, Camille	10	Coon Rapids	2:09.65	2:10.29	24
30.90 33.37 33.96	32.06				
6 Waskey, Anya	11	Forest Lake Rangers	2:11.82	2:10.40	23
31.78 33.36 33.12	32.14				
7 Marlow, Alissa	8	Duluth East	2:11.33	2:10.44	22
30.25 32.20 33.90	34.09				

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 2 Girls 200 Yard Freestyle)**

<b>Name</b>				<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
8	Takkunen, Marissa			11	Blaine Bengals	2:13.97	2:13.24	21
	31.25	33.79	34.51		33.69			
9	Smith, Kathreen			11	Blaine Bengals	2:17.44	2:15.39	20
	30.50	34.27	35.85		34.77			
10	Youngquist, Emma			11	Anoka High School	2:17.86	2:15.67	19
	32.82	34.79	34.62		33.44			
11	Rhodes, Stephany			11	Coon Rapids	2:17.07	2:18.26	18
	32.51	36.09	35.12		34.54			
12	Harvieux, Annie			11	Duluth East	2:20.81	2:18.44	17
	32.59	35.59	35.38		34.88			
13	Liljedahl, Caitlyn			8	Forest Lake Rangers	2:20.42	2:19.42	16
	32.09	35.65	36.54		35.14			
14	Hennen, Paige			11	Anoka High School	2:21.97	2:20.49	15
	32.75	36.21	36.03		35.50			
15	Anderson, Courtney			12	Coon Rapids	2:21.39	2:20.57	14
	32.06	35.65	37.02		35.84			
16	Ewert, Brooke			11	Forest Lake Rangers	2:22.99	2:21.79	13
	31.92	35.72	37.83		36.32			
17	Lilley, Marisa			11	Champlin Park	2:24.75	2:22.20	12
	33.24	35.95	36.66		36.35			
18	Wetzell, Cassandra			11	Blaine Bengals	2:22.41	2:24.26	11
	32.44	35.92	38.46		37.44			
19	Weiger, Erin			10	Forest Lake Rangers	2:25.62	2:24.29	10
	32.31	36.44	38.80		36.74			
20	Hertz, Erin			12	Andover/Legacy Christian Acade	2:28.10	2:24.34	9
	33.76	36.60	37.72		36.26			
21	Linehan, Catrina			09	Andover/Legacy Christian Acade	2:29.05	2:25.63	8
	34.46	37.54	38.07		35.56			
22	Kadlec, Cailana			10	Andover/Legacy Christian Acade	2:29.88	2:27.54	7
	34.59	37.24	37.94		37.77			
23	Takkunen, Lexi			9	Blaine Bengals	2:22.22	2:27.60	6
	31.86	37.14	39.20		39.40			
24	Thurber, Abigail			09	Coon Rapids	2:32.54	2:31.85	5
	33.05	37.83	40.45		40.52			
25	Sill, Sarah			11	Anoka High School	2:27.46	2:33.64	4
	33.63	38.62	41.14		40.25			
26	Hirsch, Katie			9	Champlin Park	2:38.44	2:38.94	3
	35.54	41.03	42.14		40.23			
27	Mittelstaedt, Michaela			11	Champlin Park	2:48.83	2:44.95	2
	37.75	42.32	43.88		41.00			
28	Hartland, Kayleigh			09	Champlin Park	2:58.54	3:02.68	1
	42.07	46.20	47.00		47.41			

**Event 3 Girls 200 Yard IM**

<b>Pool Record:</b>		<b>2:04.91</b>	<b>!</b>	<b>2009</b>	<b>Abby Duncan</b>		<b>Champlin Park</b>	
<b>7AA TT Rec:</b>		<b>2:08.32</b>	<b>#</b>	<b>2009</b>	<b>Abby Duncan</b>		<b>Champlin Park</b>	
<b>Name</b>				<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Slotsve, Rylee			9	Blaine Bengals	2:25.58	2:21.57	28
	31.58	35.89	41.18		32.92			
2	Spanier, Christina			09	Andover/Legacy Christian Acade	2:25.66	2:23.85	27
	30.26	37.53	43.15		32.91			
3	Knauss, Cora			9	Duluth East	2:27.59	2:27.37	26
	29.55	37.54	44.34		35.94			

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 3 Girls 200 Yard IM)**

	<b>Name</b>			<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
4	Vargason, Michelle			12	Duluth East	2:31.85	2:30.78	25
	32.47	38.00	44.63	35.68				
5	Sullivan, Erin			9	Blaine Bengals	2:31.64	2:30.97	24
	32.21	37.27	47.71	33.78				
6	Ness, Samantha			10	Coon Rapids	2:30.81	2:31.09	23
	32.39	38.02	47.08	33.60				
7	Punyko, Kelly			8	Duluth East	2:35.23	2:31.34	22
	31.52	38.40	45.59	35.83				
8	Sperry, Morgan			11	Forest Lake Rangers	2:30.17	2:31.50	21
	32.06	38.64	46.50	34.30				
9	Baumeister, Johanna			10	Champlin Park	2:37.73	2:31.73	20
	33.20	37.67	47.35	33.51				
10	Anderson, Katherine			11	Forest Lake Rangers	2:33.54	2:32.73	19
	32.85	38.78	45.53	35.57				
11	Gatlin, Alyssa			12	Duluth East	2:37.63	2:33.02	18
	34.97	36.39	47.03	34.63				
12	January, Donna			11	Anoka High School	2:37.25	2:33.25	17
	34.38	38.61	43.94	36.32				
13	McQuillan, Maria			10	Andover/Legacy Christian Acade	2:34.10	2:33.42	16
	35.92	39.53	43.78	34.19				
14	Brennhofer, Anna			11	Forest Lake Rangers	2:35.41	2:35.74	15
	34.91	41.29	43.40	36.14				
15	Dayton, Jenna			10	Blaine Bengals	2:37.70	2:37.41	14
	34.10	39.11	49.69	34.51				
16	Gilmer, Sarah			10	Anoka High School	2:38.38	2:38.55	13
	34.54	41.88	46.93	35.20				
17	Robillard, Danielle			12	Coon Rapids	2:39.85	2:38.99	12
	32.85	43.71	47.88	34.55				
18	Riesgraf, Charity			12	Forest Lake Rangers	2:39.52	2:40.57	11
	34.48	40.45	48.50	37.14				
19	Bittner, Madeline			11	Andover/Legacy Christian Acade	2:42.22	2:43.21	10
	33.59	41.80	50.84	36.98				
20	Nordlund, Jaime			10	Champlin Park	2:47.53	2:45.44	9
	34.00	42.36	49.31	39.77				
21	McQuillan, Grace			12	Andover/Legacy Christian Acade	2:40.23	2:45.52	8
	38.60	43.09	46.24	37.59				
22	Dubois, Madeline			8	Anoka High School	2:48.30	2:46.34	7
	35.79	42.40	49.74	38.41				
23	DeJoy, Allison			12	Coon Rapids	2:47.01	2:47.41	6
	33.98	43.90	51.15	38.38				
24	Santrach, Amelia			11	Coon Rapids	2:51.08	2:50.60	5
	37.27	43.55	51.64	38.14				
25	Paaverud, Morgan				Anoka High School	NT	2:51.27	4
	38.46	46.26	49.86	36.69				
26	Kytta, Hayley			10	Blaine Bengals	2:46.67	2:51.99	3
	38.95	48.36	44.73	39.95				
27	Herron, Kelly			9	Champlin Park	2:48.68	2:54.77	2
	43.82	45.77	46.57	38.61				
---	Lamberty, Annalise			09	Champlin Park	3:07.25	DQ	

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****Event 4 Girls 50 Yard Freestyle****Pool Record: 24.05 ! 2003****7AA TT Rec: 25.13 # 2008****Nikki Reed****Randee Cardinal****Duluth East****Blaine**

<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1	Punyko, Emily	12 Duluth East	25.91	25.74	28
2	Block, Lindsey	11 Anoka High School	25.56	25.82	27
3	Starke, Samantha	09 Coon Rapids	26.10	25.98	26
4	Springer, Katie	10 Anoka High School	26.25	26.29	25
5	Martens, Linnea	10 Andover/Legacy Christian Acade	26.88	26.69	24
6	Meuleners, Mackenzie	12 Blaine Bengals	26.83	27.03	23
7	Mickelson, Kara	10 Andover/Legacy Christian Acade	27.20	27.57	22
*8	Mark, Madisen	11 Coon Rapids	27.83	27.82	20.50
*8	Erickson, Kailey	12 Blaine Bengals	27.75	27.82	20.50
10	Twedell, Emily	12 Andover/Legacy Christian Acade	28.14	28.09	19
11	Pickhardt, Leah	10 Anoka High School	28.69	28.16	18
12	Brockman, Resa	11 Forest Lake Rangers	28.99	28.17	17
13	Gillberg, Mollie	12 Coon Rapids	27.64	28.21	16
14	Newberger, Alyssa	12 Blaine Bengals	28.26	28.41	15
*15	Johnson, Annika	9 Duluth East	29.22	28.58	13.50
*15	Friske, Meghan	9 Duluth East	28.10	28.58	13.50
17	Sullivan, Lauren	11 Blaine Bengals	28.35	28.62	12
18	Handel, Ashley	12 Champlin Park	28.64	28.73	11
19	Dalton, Ashley	12 Andover/Legacy Christian Acade	29.43	29.26	10
20	Greenwaldt, Jewel	9 Anoka High School	29.84	29.87	9
21	Mendoza, Erin	9 Forest Lake Rangers	29.70	29.95	8
22	Wells, Niclole	10 Coon Rapids	30.98	30.38	7
23	Sievers, Amanda	10 Forest Lake Rangers	NT	30.69	6
24	Luscomb, Emilie	10 Forest Lake Rangers	29.96	30.79	5
25	Manke, Marissa	9 Champlin Park	31.19	30.91	4
26	Alworth, Rachel	12 Duluth East	29.23	31.18	3
27	Johnson, Michelle	12 Champlin Park	31.81	31.40	2
28	Turner, Jaz	11 Champlin Park	NT	33.84	1

**Event 5 Girls 1 mtr Diving****Pool Record: 463.00 ! 2005****7AA TT Rec: 470.20 # 2005****Brittany Jumer****Brittany Jumer****Andover****Andover**

<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Finals Score</u>	<u>Points</u>	
1	Olesiak, Olivia	11 Forest Lake Rangers	NT	383.10	28
2	Ramberg, Jessica	11 Forest Lake Rangers	NT	376.20	27
3	Bey, Allie	11 Forest Lake Rangers	NT	371.80	26
4	Wieden, Nicole	9 Blaine Bengals	272.90	298.55	25
5	Ryan, Chelsea	12 Blaine Bengals	222.60	267.80	24
6	Wieden, Haylie	11 Blaine Bengals	260.85	264.70	23
7	Nettleton, Katrina	9 Champlin Park	NT	263.20	22
8	Moravec, Marissa	11 Forest Lake Rangers	NT	253.65	21
9	Wald, Maria	12 Champlin Park	NT	250.55	20
10	McNallan, Kirstien	12 Coon Rapids	NT	243.25	19
11	Michealson, Nikki	8 Anoka High School	NT	238.00	18
12	Potts, Jordan	9 Blaine Bengals	NT	237.15	17
13	DeGree, Kayla	10 Andover/Legacy Christian Acade	NT	234.50	16
14	Blackmore, Sydoney	12 Duluth East	NT	216.15	15
15	Madden, Hillary	8 Duluth East	216.10	209.50	14

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 5 Girls 1 mtr Diving)**

Name	Yr	School		Finals Score	Points
16 Wills, Elaine	11	Andover/Legacy Christian Acade	NT	205.80	13
17 Manion, Catie	10	Coon Rapids	NT	202.80	12
18 Hatcher, Clara	10	Duluth East	179.40	175.50	11
19 Dormanen, Kasey	11	Coon Rapids	NT	171.55	10
20 Dwyer, Eileen	11	Duluth East	183.30	158.00	9
21 Burkland, Tori	10	Anoka High School	NT	148.60	8
22 Johnson, Kayla	10	Andover/Legacy Christian Acade	NT	130.80	7
23 Nugent, Krystal	12	Andover/Legacy Christian Acade	NT	113.85	6
24 Towler, Ellie	8	Champlin Park	NT	75.30	5
25 Sakry, Madi	9	Anoka High School	NT	75.00	4
--- Johnson, Erin	09	Champlin Park	NT	DQ	
--- Raeker, Charlotte	9	Anoka High School	NT	DQ	

**Event 6 Girls 100 Yard Butterfly**

Pool Record: 56.49 ! 2004

7AA TT Rec: 1:00.48 # 2008

Rachel Frederickson

Ashley Ahn

Stillwater

Centennial

Name	Yr	School	Seed Time	Finals Time	Points
1 Rodriguez, Spencer 28.74 31.79	12	Blaine Bengals	1:00.14	1:00.53	28
2 Starke, Samantha 29.01 32.70	09	Coon Rapids	1:01.82	1:01.71	27
3 Tonsager, Alison 29.79 33.39	12	Anoka High School	1:01.84	1:03.18	26
4 Knauss, Cora 29.96 34.57	9	Duluth East	1:06.38	1:04.53	25
5 Reed, Lisa 30.95 34.79	12	Duluth East	1:05.51	1:05.74	24
6 Spanier, Christina 30.82 34.98	09	Andover/Legacy Christian Acade	1:04.59	1:05.80	23
7 Sperry, Morgan 32.10 36.60	11	Forest Lake Rangers	1:07.37	1:08.70	22
8 Kroska, Sarah 33.75 37.51	10	Forest Lake Rangers	1:11.34	1:11.26	21
9 Bednarczyk, Kaylie 34.70 36.95	09	Andover/Legacy Christian Acade	1:11.23	1:11.65	20
10 Smith, Kathreen 33.35 38.64	11	Blaine Bengals	1:11.10	1:11.99	19
11 Gilmer, Sarah 34.76 37.50	10	Anoka High School	1:12.28	1:12.26	18
12 Reily, Heather 33.42 39.46	10	Forest Lake Rangers	1:14.50	1:12.88	17
13 DeJoy, Allison 34.71 38.46	12	Coon Rapids	1:12.75	1:13.17	16
14 Billett, Kayla 34.18 39.67	11	Anoka High School	1:15.58	1:13.85	15
15 Riesgraf, Charity 35.03 39.76	12	Forest Lake Rangers	1:12.95	1:14.79	14
16 Friske, Meghan 34.96 40.58	9	Duluth East	1:14.73	1:15.54	13
17 Hatcher, Clara 34.24 41.62	10	Duluth East	1:17.56	1:15.86	12

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 6 Girls 100 Yard Butterfly)**

Name	Yr	School	Seed Time	Finals Time	Points
18 Bittner, Madeline 35.30 41.64	11	Andover/Legacy Christian Acade	1:15.24	1:16.94	11
19 Wahl, Nicole 35.30 42.16	10	Anoka High School	1:18.63	1:17.46	10
20 Pierson, Linsey 35.47 42.80	11	Coon Rapids	1:21.04	1:18.27	9
21 Wetzell, Cassandra 36.70 43.40	11	Blaine Bengals	1:17.68	1:20.10	8
22 Kashmark, Jamie 38.68 43.18	9	Champlin Park	1:23.95	1:21.86	7
23 Andrews, Julia 39.05 43.24	11	Coon Rapids	1:20.81	1:22.29	6
24 Manke, Marissa 38.97 44.86	9	Champlin Park	1:25.34	1:23.83	5
25 Erickson, Arianna 42.22 52.27	12	Blaine Bengals	1:30.15	1:34.49	4
26 Surma, Stephanie 43.93 52.45	9	Champlin Park	1:38.47	1:36.38	3
27 Nordlund, Jennifer 47.50 50.61	9	Champlin Park	1:25.97	1:38.11	2

**Event 7 Girls 100 Yard Freestyle****Pool Record: 52.10 ! 2005****7AA TT Rec: 55.15 # 2006****Liz Halet****Randee Cardinal****Champlin Park****Blaine**

Name	Yr	School	Seed Time	Finals Time	Points
1 Springer, Katie 28.02 29.08	10	Anoka High School	57.70	57.10	28
2 Meuleners, Mackenzie 27.70 29.53	12	Blaine Bengals	58.04	57.23	27
3 Block, Lindsey 28.35 29.30	11	Anoka High School	58.38	57.65	26
4 Weiler, Lydia 28.42 30.60	11	Coon Rapids	59.50	59.02	25
5 Marlow, Alissa 28.85 30.50	8	Duluth East	1:00.35	59.35	24
6 Mickelson, Kara 28.66 30.84	10	Andover/Legacy Christian Acade	59.44	59.50	23
7 Martens, Linnea 29.28 30.49	10	Andover/Legacy Christian Acade	1:00.44	59.77	22
8 Erickson, Kailey 29.01 31.67	12	Blaine Bengals	1:00.76	1:00.68	21
9 Brockman, Resa 29.21 31.62	11	Forest Lake Rangers	1:02.08	1:00.83	20
10 Ness, Samantha 28.91 32.00	10	Coon Rapids	1:00.43	1:00.91	19
11 Newberger, Alyssa 30.32 31.36	12	Blaine Bengals	1:01.87	1:01.68	18
12 Pickhardt, Leah 30.36 31.68	10	Anoka High School	1:03.99	1:02.04	17
13 Sullivan, Lauren 29.96 32.69	11	Blaine Bengals	1:01.82	1:02.65	16
14 Harvieux, Zoe 30.08 32.60	8	Duluth East	1:03.74	1:02.68	15

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 7 Girls 100 Yard Freestyle)**

Name		Yr	School	Seed Time	Finals Time	Points
15	Bundy, Alexis 30.42 32.92	10	Champlin Park	1:02.54	1:03.34	14
16	Marlow, Marina 30.02 33.73	12	Duluth East	1:05.44	1:03.75	13
17	Murphy, Margaret 30.96 33.03	12	Andover/Legacy Christian Acade	1:03.39	1:03.99	12
18	Friesen, Shauna 30.99 33.97	10	Anoka High School	1:03.71	1:04.96	11
19	Luscomb, Emilie 31.82 33.89	10	Forest Lake Rangers	NT	1:05.71	10
20	Holmstrom, Cassandra 31.47 34.34	9	Duluth East	1:05.57	1:05.81	9
21	Mendoza, Erin 32.10 34.09	9	Forest Lake Rangers	1:05.40	1:06.19	8
22	Weiger, Erin 31.91 34.60	10	Forest Lake Rangers	1:06.04	1:06.51	7
23	Santrach, Amelia 32.43 34.54	11	Coon Rapids	1:06.95	1:06.97	6
24	Backous, Kailee 32.33 36.06	10	Andover/Legacy Christian Acade	1:08.50	1:08.39	5
25	Cartland, Victoria 35.21 36.68	12	Coon Rapids	NT	1:11.89	4
26	Hirsch, Katie 35.34 38.96	9	Champlin Park	NT	1:14.30	3
27	Olson, Maddy 35.39 39.59	11	Champlin Park	NT	1:14.98	2
28	Hartland, Kayleigh 42.09 43.99	09	Champlin Park	1:18.63	1:26.08	1

**Event 8 Girls 500 Yard Freestyle****Pool Record: 5:04.69 ! 2006****Alie Schirmers****Blaine****7AA TT Rec: 5:19.91 # 2006****Alie Schirmers****Blaine**

Name		Yr	School	Seed Time	Finals Time	Points
1	Reed, Elizabeth 30.59 33.20 33.76 33.38 32.14	12	Duluth East	5:38.31 33.61	5:29.22	28
2	Friedrich, Annie 31.31 34.19 34.17 35.81 35.17	12	Andover/Legacy Christian Acade	5:43.47 35.44	5:45.65	27
3	Madden, Valarie 31.67 34.28 34.62 36.45 34.27	11	Duluth East	5:54.21 35.95	5:47.96	26
4	Waskey, Anya 32.41 34.46 35.22 35.32 33.48	11	Forest Lake Rangers	5:45.64 36.24	5:49.40	25
5	Takkunen, Marissa 31.89 34.49 35.53 36.38 34.86	11	Blaine Bengals	5:53.45 36.78	5:54.35	24
6	Stordahl, Sydney 32.13 35.33 36.19 36.04 33.88	9	Champlin Park	6:09.66 36.72	5:55.38	23



**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 8 Girls 500 Yard Freestyle)**

Name		Yr	School	Seed Time	Finals Time	Points
7	Robillard, Danielle	12	Coon Rapids	5:55.41	6:00.69	22
	32.66 36.01 36.52		36.76 36.81 37.46 36.94	36.58		
	36.22 34.73					
8	Anderson, Katherine	11	Forest Lake Rangers	6:01.33	6:00.90	21
	31.84 34.45 35.63		36.06 36.66 36.48 37.26	37.57		
	37.97 36.98					
9	Dayton, Jenna	10	Blaine Bengals	5:51.68	6:04.63	20
	31.53 35.27 35.58		36.55 37.25 37.25 37.68	38.46		
	37.78 37.28					
10	Harvieux, Annie	11	Duluth East	6:18.94	6:12.04	19
	33.67 37.14 38.11		38.83 37.99 37.75 37.42	37.16		
	37.66 36.31					
11	Liljedahl, Caitlyn	8	Forest Lake Rangers	6:20.14	6:15.48	18
	34.80 37.95 37.72		38.61 38.53 37.60 38.20	38.40		
	38.20 35.47					
12	Lawerence, Karlee	9	Forest Lake Rangers	6:25.44	6:16.78	17
	34.87 37.66 38.64		38.11 38.44 38.53 38.02	38.00		
	37.93 36.58					
13	Gillberg, Mollie	12	Coon Rapids	6:30.37	6:20.79	16
	32.71 36.87 37.28		38.53 38.39 39.36 39.77	39.84		
	39.55 38.49					
14	Pietruszewski, Megan	10	Champlin Park	6:41.94	6:24.96	15
	35.20 39.48 39.50		39.56 39.52 39.11 39.21	39.00		
	38.37 36.01					
15	Takkunen, Lexi	9	Blaine Bengals	6:24.50	6:25.00	14
	31.72 37.01 38.79		38.68 38.93 38.93 41.20	41.24		
	40.58 37.92					
16	Sill, Sarah	11	Anoka High School	6:26.65	6:25.94	13
	34.16 38.39 39.28		39.38 39.73 39.79 39.90	39.77		
	39.72 35.82					
17	Hertz, Erin	12	Andover/Legacy Christian Acade	6:28.12	6:26.63	12
	34.32 37.51 38.95		39.58 39.67 39.98 39.73	39.83		
	39.31 37.75					
18	Ham, Abby	10	Duluth East	6:39.05	6:29.90	11
	35.24 40.87 40.87		39.09 39.81 39.67 39.99	39.40		
	38.90 36.06					
19	Anderson, Courtney	12	Coon Rapids	6:28.02	6:30.05	10
	34.61 37.79 39.01		38.70 39.36 39.59 40.38	40.64		
	40.65 39.32					
20	Kadlec, Cailana	10	Andover/Legacy Christian Acade	6:35.90	6:32.06	9
	35.62 39.03 38.66		39.05 39.68 40.29 40.12	40.89		
	40.42 38.30					
21	Colby, Jessica	9	Anoka High School	6:49.73	6:38.05	8
	34.90 39.05 40.92		40.23 41.59 40.94 40.50	41.03		
	40.66 38.23					
22	Ramaley, Emma	10	Anoka High School	6:42.62	6:39.22	7
	36.17 41.42 40.93		40.46 40.77 40.34 40.96	41.32		
	40.15 36.70					
23	Andrews, Hanna	9	Anoka High School	6:48.70	6:41.33	6
	36.13 40.04 40.38		40.76 41.11 40.55 41.92	40.47		
	41.49 38.48					

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 8 Girls 500 Yard Freestyle)**

Name		Yr School				Seed Time	Finals Time	Points
24	Thurber, Abigail	09	Coon Rapids			6:50.26	6:54.45	5
	35.55 41.51 42.16	42.40	42.70	42.50	43.00	42.96		
	42.65 39.02							
25	Turner, Jaz	11	Champlin Park			7:15.12	6:57.61	4
	38.72 41.60 43.00	42.89	43.02	42.61	42.36	42.32		
	1:21.09							
26	Clark, Alison	12	Blaine Bengals			NT	6:57.79	3
	36.86 41.53 42.18	42.33	42.88	42.74	43.26	43.21		
	42.91 39.89							
27	Baldus, Samantha	10	Andover/Legacy Christian Acade			7:04.16	6:59.54	2
	38.32 41.98 43.00	42.69	43.03	42.70	42.41	42.11		
	42.34 40.96							
28	Mittelstaedt, Michaela	11	Champlin Park			7:15.00	7:11.41	1
	39.65 43.38 44.54	43.23	43.37	43.75	44.04	44.44		
	1:25.01							

**Event 9 Girls 200 Yard Freestyle Relay**Pool Record: **1:37.86 ! 2007**

Wayzata

**K. Tomasovicova, S. Deis, H. Arseth, S. Johnson**7AA TT Rec: **1:43.84 # 2007**

Blaine

**R. Cardinal, N. Volna, A. Suchanek, A. Schirmers**

Team	Relay	Seed Time	Finals Time	Points
1 Blaine Bengals	A	1:44.68	1:44.98	56
1) Meuleners, Mackenzie 12	2) Erickson, Kailey 12	3) Slotsve, Rylee 9	4) Rodriguez, Spencer 12	
26.75 27.43 26.40	24.40			
2 Anoka High School	A	1:46.33	1:45.62	54
1) Block, Lindsey 11	2) Pickhardt, Leah 10	3) Springer, Katie 10	4) Tonsager, Alison 12	
26.50 27.58 26.26	25.28			
3 Duluth East	A	1:49.71	1:48.02	52
1) Vargason, Michelle 12	2) Knauss, Cora 9	3) Madden, Valarie 11	4) Reed, Elizabeth 12	
26.76 27.35 27.51	26.40			
4 Andover/Legacy Christian Acade	A	1:48.70	1:49.43	50
1) Spanier, Christina 09	2) Twedell, Emily 12	3) McQuillan, Grace 12	4) Martens, Linnea 10	
27.76 27.24 28.54	25.89			
5 Coon Rapids	A	1:51.50	1:52.13	48
1) Perkins, Camille 10	2) Gillberg, Mollie 12	3) Robillard, Danielle 12	4) Mark, Madisen 11	
28.30 27.94 28.37	27.52			
6 Blaine Bengals	B	1:50.75	1:52.65	46
1) Smith, Kathreen 11	2) Sullivan, Lauren 11	3) Newberger, Alyssa 12	4) Dayton, Jenna 10	
28.18 28.02 28.04	28.41			
7 Champlin Park	A	1:50.00	1:53.74	44
1) Ledray, Laura 11	2) Baumeister, Johanna 10	3) Scheller, Abby 11	4) Katchmark, Laura 9	
29.31 28.00 29.92	26.51			
8 Duluth East	B	1:55.00	1:54.64	42
1) Johnson, Annika 9	2) Holmstrom, Cassandra 9	3) Alworth, Rachel 12	4) Friske, Meghan 9	
28.81 29.05 29.04	27.74			
9 Forest Lake Rangers	A	1:53.93	1:55.03	40
1) Brennhofer, Anna 11	2) Ewert, Brooke 11	3) Brockman, Resa 11	4) Waskey, Anya 11	
29.47 29.22 28.48	27.86			
10 Anoka High School	B	1:57.50	1:56.73	38
1) Friesen, Shauna 10	2) Greenwaldt, Jewel 9	3) Billett, Kayla 11	4) Colby, Jessica 9	
28.58 29.56 29.08	29.51			

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 9 Girls 200 Yard Freestyle Relay)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
11 Duluth East	C	1:57.00	1:56.97	36
1) Benton, Sydney 10	2) Nyenhuis, Kayla 7	3) Harvieux, Zoe 8	4) Harvieux, Annie 11	
29.80 29.23 28.80	29.14			
12 Andover/Legacy Christian Acade	B	2:04.60	1:57.64	34
1) Bednarczyk, Kaylie 09	2) McQuillan, Maria 10	3) Hertz, Erin 12	4) Dalton, Ashley 12	
29.79 28.13 30.77	28.95			
13 Anoka High School	C	1:59.60	1:57.76	32
1) Dubois, Madeline 8	2) Keller, Lexi 12	3) Mooney, Simone 11	4) Ramaley, Emma 10	
29.49 28.95 29.50	29.82			
14 Blaine Bengals	C	1:53.73	1:58.02	30
1) Wetzell, Cassandra 11	2) Kytta, Hayley 10	3) Hartin, Makenzie 10	4) Takkunen, Marissa 11	
30.61 30.13 28.94	28.34			
15 Duluth East	D	2:01.00	2:01.21	28
1) Higgins, Ashley 10	2) Buraglio, Kaja 11	3) Mead, Linnea 9	4) Elmer, Katie 11	
30.92 30.32 30.61	29.36			
16 Coon Rapids	B	2:00.00	2:01.45	26
1) Santrach, Amelia 11	2) Wells, Niclolle 10	3) Anderson, Courtney 12	4) Pierson, Linsey 11	
30.85 31.17 30.72	28.71			
17 Blaine Bengals	D	2:03.37	2:03.90	24
1) Trojak, Natalie 12	2) Sanborn, Bekah 11	3) Clark, Alison 12	4) Hagen, Tessa 11	
31.33 30.48 32.60	29.49			
18 Champlin Park	B	2:02.93	2:03.99	22
1) Bundy, Alexis 10	2) Handel, Ashley 12	3) Kashmark, Jamie 9	4) Hirsch, Katie 9	
29.91 29.09 32.87	32.12			
19 Champlin Park	C	2:07.14	2:04.23	20
1) Johnson, Michelle 12	2) Nordlund, Jaime 10	3) Lilley, Marisa 11	4) Manke, Marissa 9	
31.85 30.33 31.39	30.66			
20 Forest Lake Rangers	B	2:02.94	2:06.43	18
1) Welch, Kellie 10	2) Luscomb, Emilie 10	3) Mendoza, Erin 9	4) Weiger, Erin 10	
33.32 31.71 30.92	30.48			
21 Anoka High School	D	2:11.40	2:06.83	16
1) Enriquez, Rebekah 12	2) Kampf, Amy 11	3) Wahl, Nicole 10	4) Thomsen, Paige 9	
32.36 34.81 28.83	30.83			
22 Coon Rapids	D	2:14.00	2:11.63	14
1) Larrabee, Kendra 09	2) Lowe, Tarah 09	3) Herold, Brittany 09	4) Daml, Rebecca 09	
31.65 35.22 32.32	32.44			
23 Forest Lake Rangers	C	2:12.07	2:11.97	12
1) Cogar, Alexis 9	2) Tkachuck, Maddie 9	3) Rachel, Skylah 9	4) Sievers, Amanda 10	
32.96 34.17 33.96	30.88			
24 Coon Rapids	C	2:12.00	2:12.08	10
1) Cartland, Victoria 12	2) Bolin, Breanna 09	3) Chouinard, Rachel 12	4) Thurber, Abigail 09	
33.78 33.80 33.02	31.48			
25 Andover/Legacy Christian Acade	C	2:26.90	2:16.30	8
1) Linehan, Catrina 09	2) Kadlec, Cailana 10	3) Zapzalka, Alexis 11	4) Zapzalka, Peyton 11	
30.85 31.45 38.65	35.35			
26 Champlin Park	D	2:15.11	2:17.87	6
1) Lamberty, Annalise 09	2) Olson, Maddy 11	3) Herron, Kelly 9	4) Surma, Stephanie 9	
34.42 35.68 32.40	35.37			
27 Forest Lake Rangers	D	2:18.66	2:17.99	4
1) Vos, Stephanie 9	2) Olson, Alexis 9	3) McMillen, Andrea 11	4) Rangitsch, Brittney 9	
35.34 37.58 33.28	31.79			

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****Event 10 Girls 100 Yard Backstroke**

Pool Record: 58.65 ! 2008

7AA TT Rec: 1:00.87 # 2008

Chelsea Richie

Chelsea Richie

Centennial

Centennial

Name	Yr	School	Seed Time	Finals Time	Points
1 Rodriguez, Spencer 30.53 30.67	12	Blaine Bengals	1:01.07	1:01.20	28
2 Rhodes, Stephany 32.38 32.65	11	Coon Rapids	1:04.71	1:05.03	27
3 Sullivan, Erin 31.85 34.83	9	Blaine Bengals	1:06.23	1:06.68	26
4 Punyko, Kelly 32.26 34.81	8	Duluth East	1:07.56	1:07.07	25
5 Reed, Lisa 33.20 33.89	12	Duluth East	1:09.53	1:07.09	24
6 Perkins, Camille 33.99 34.57	10	Coon Rapids	1:08.43	1:08.56	23
7 Gatlin, Alyssa 34.00 36.00	12	Duluth East	1:09.65	1:10.00	22
8 Katchmark, Laura 33.92 36.13	9	Champlin Park	1:14.07	1:10.05	21
9 Marlow, Marina 34.64 35.91	12	Duluth East	1:14.09	1:10.55	20
10 Murphy, Margaret 34.63 36.02	12	Andover/Legacy Christian Acade	1:10.01	1:10.65	19
11 Hehr, Abby 34.02 36.64	09	Blaine Bengals	1:10.76	1:10.66	18
12 Youngquist, Emma 35.66 35.76	11	Anoka High School	1:10.27	1:11.42	17
13 January, Donna 35.57 36.14	11	Anoka High School	1:11.08	1:11.71	16
14 Scheller, Abby 35.92 36.40	11	Champlin Park	1:11.86	1:12.32	15
15 Ledray, Laura 35.94 38.10	11	Champlin Park	1:12.96	1:14.04	14
16 Andrews, Julia 36.91 37.86	11	Coon Rapids	1:16.10	1:14.77	13
17 Reily, Heather 36.43 38.92	10	Forest Lake Rangers	1:15.84	1:15.35	12
18 Michaelson, Nikole 36.62 38.96	8	Anoka High School	1:17.05	1:15.58	11
19 Backous, Kailee 37.48 39.36	10	Andover/Legacy Christian Acade	1:15.40	1:16.84	10
20 Owens, Courtney 38.97 39.80	10	Champlin Park	1:14.94	1:18.77	9
21 Pioske, Megan 38.97 41.17	11	Blaine Bengals	1:20.56	1:20.14	8
22 Linehan, Catrina 39.27 41.47	09	Andover/Legacy Christian Acade	1:19.22	1:20.74	7
23 Sievers, Amanda 39.38 41.50	10	Forest Lake Rangers	1:20.81	1:20.88	6
24 Wambold, Kellie 38.45 42.63	10	Forest Lake Rangers	1:23.44	1:21.08	5
25 Berglund, Rachel 39.68 44.54	10	Anoka High School	1:26.70	1:24.22	4

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 10 Girls 100 Yard Backstroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
26	Tkachuck, Maddie 41.49 42.87	9	Forest Lake Rangers	1:24.61	1:24.36	3
27	Larrabee, Kendra 42.54 42.95	09	Coon Rapids	1:24.51	1:25.49	2

**Event 11 Girls 100 Yard Breaststroke****Pool Record: 1:02.18 ! 2009****7AA TT Rec: 1:09.56 # 2008****Abby Duncan****Vanessa Kolbow****Champlin Park****Anoka**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Punyko, Emily 32.30 37.21	12	Duluth East	1:10.89	1:09.51#	28
2	Weiler, Lydia 34.50 38.81	11	Coon Rapids	1:12.76	1:13.31	27
3	Vargason, Michelle 34.95 39.36	12	Duluth East	1:15.44	1:14.31	26
4	Slotsve, Rylee 35.27 39.22	9	Blaine Bengals	1:14.83	1:14.49	25
5	McQuillan, Maria 35.62 39.23	10	Andover/Legacy Christian Acade	1:16.19	1:14.85	24
6	Brennhofer, Anna 36.07 40.48	11	Forest Lake Rangers	1:16.37	1:16.55	23
7	Ewert, Brooke 37.07 41.03	11	Forest Lake Rangers	1:20.00	1:18.10	22
8	Nyenhuis, Kayla 38.10 42.17	7	Duluth East	1:19.18	1:20.27	21
9	Bednarczyk, Kaylie 39.21 41.80	09	Andover/Legacy Christian Acade	1:22.60	1:21.01	20
10	Pierson, Linsey 38.57 43.20	11	Coon Rapids	1:22.24	1:21.77	19
11	Kytta, Hayley 37.64 44.61	10	Blaine Bengals	1:18.41	1:22.25	18
12	McQuillan, Grace 39.15 43.50	12	Andover/Legacy Christian Acade	1:22.12	1:22.65	17
13	Howg, Karly 39.04 44.03	10	Duluth East	1:21.67	1:23.07	16
14	Dalton, Ashley 39.28 43.83	12	Andover/Legacy Christian Acade	1:23.83	1:23.11	15
15	Hennen, Paige 38.72 44.44	11	Anoka High School	1:22.63	1:23.16	14
16	Hagen, Tessa 39.05 44.38	11	Blaine Bengals	1:23.52	1:23.43	13
17	Jacob, Eliza 40.38 43.54	10	Anoka High School	1:24.20	1:23.92	12
18	Olson, Maddy 40.21 44.39	11	Champlin Park	1:24.53	1:24.60	11
19	Welch, Kellie 40.78 43.89	10	Forest Lake Rangers	1:26.61	1:24.67	10
20	Hastings, Abigail 39.96 45.20	9	Anoka High School	1:24.50	1:25.16	9
21	Mark, Madisen 40.11 45.33	11	Coon Rapids	1:21.45	1:25.44	8
22	Curtis, Brianna 39.91 45.93	10	Forest Lake Rangers	1:22.15	1:25.84	7

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 11 Girls 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Finals Time	Points
23 Trojak, Natalie 40.35 45.95	12	Blaine Bengals	1:22.61	1:26.30	6
24 Mooney, Simone 41.29 45.16	11	Anoka High School	NT	1:26.45	5
25 Cartland, Victoria 42.21 46.25	12	Coon Rapids	1:26.46	1:28.46	4
26 Lamberty, Annalise 42.62 46.78	09	Champlin Park	1:29.35	1:29.40	3
27 Jendro, Brittany 42.35 48.40	9	Champlin Park	1:33.19	1:30.75	2
28 Pietruszewski, Megan 46.86 49.34	10	Champlin Park	1:30.39	1:36.20	1

**Event 12 Girls 400 Yard Freestyle Relay****Pool Record: 3:35.47 ! 2008****Wayzata****K. Tomasovicova, S. Deis, H. Arseth, J. Stenroos****7AA TT Rec: 3:43.60 # 2008****Centennial**

Team	Relay	Seed Time	Finals Time	Points
1 Blaine Bengals	A	3:48.18	3:51.72	56
1) Meuleners, Mackenzie 12 28.37 59.29 28.64	2) Erickson, Kailey 12 1:00.61 28.35 58.69	3) Slotsve, Rylee 9 25.52 53.13	4) Rodriguez, Spencer 12	
2 Anoka High School	A	3:53.80	3:52.62	54
1) Block, Lindsey 11 28.23 58.32 30.54	2) Youngquist, Emma 11 1:02.42 27.03 56.68	3) Springer, Katie 10 26.33 55.20	4) Tonsager, Alison 12	
3 Coon Rapids	A	3:57.00	3:52.70	52
1) Ness, Samantha 10 28.75 59.65 28.79	2) Perkins, Camille 10 1:00.00 27.91 57.83	3) Weiler, Lydia 11 26.24 55.22	4) Starke, Samantha 09	
4 Duluth East	A	3:58.71	3:52.88	50
1) Reed, Elizabeth 12 28.82 58.23 28.62	2) Marlow, Alissa 8 59.50 28.38 59.17	3) Reed, Lisa 12 26.24 55.98	4) Punyko, Emily 12	
5 Andover/Legacy Christian Acade	A	3:58.60	3:58.55	48
1) Friedrich, Annie 12 28.84 1:00.17 28.86	2) Martens, Linnea 10 59.78 28.36 59.94	3) Mickelson, Kara 10 27.92 58.66	4) Spanier, Christina 09	
6 Blaine Bengals	B	4:04.22	4:08.88	46
1) Sullivan, Lauren 11 30.27 1:04.02 29.97	2) Newberger, Alyssa 12 1:02.29 29.98 1:02.26	3) Takkunen, Marissa 11 28.43 1:00.31	4) Sullivan, Erin 9	
7 Forest Lake Rangers	A	4:09.80	4:10.91	44
1) Reily, Heather 10 30.75 1:05.26 29.54	2) Sperry, Morgan 11 1:02.48 29.59 1:01.84	3) Anderson, Katherine 11 29.28 1:01.33	4) Waskey, Anya 11	
8 Duluth East	B	4:10.00	4:11.35	42
1) Madden, Valarie 11 30.21 1:01.82 30.78	2) Punyko, Kelly 8 1:03.38 30.45 1:03.66	3) Harvieux, Zoe 8 29.64 1:02.49	4) Gatlin, Alyssa 12	
9 Coon Rapids	B	4:07.00	4:12.71	40
1) Robillard, Danielle 12 30.32 1:02.07 29.81	2) Gillberg, Mollie 12 1:03.82 30.37 1:03.51	3) Mark, Madisen 11 29.70 1:03.31	4) Rhodes, Stephany 11	
10 Champlin Park	A	4:14.00	4:15.04	38
1) Lilley, Marisa 11 32.39 1:07.34 28.73	2) Katchmark, Laura 9 1:00.74 29.92 1:03.66	3) Handel, Ashley 12 30.84 1:03.30	4) Stordahl, Sydney 9	
11 Duluth East	C	4:20.00	4:19.17	36
1) Harvieux, Annie 11 31.64 1:05.96 30.81	2) Holmstrom, Cassandra 9 1:05.43 31.07 1:04.48	3) Johnson, Annika 9 30.37 1:03.30	4) Marlow, Marina 12	

**2010 Girls Section 7AA True Team Meet - 10/16/2010****2010 Girls Section 7AA True Team Meet****Results****(Event 12 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
12 Blaine Bengals	C	4:14.78	4:21.10	34
1) Dayton, Jenna 10	2) Hehr, Abby 09	3) Wetzell, Cassandra 11	4) Smith, Kathreen 11	
30.82 1:04.02 32.92	1:08.94 30.84 1:05.20	30.10 1:02.94		
13 Andover/Legacy Christian Acade	B	4:32.50	4:24.59	32
1) Bittner, Madeline 11	2) Linehan, Catrina 09	3) Hertz, Erin 12	4) Murphy, Margaret 12	
31.30 1:06.29 32.93	1:09.78 31.29 1:05.90	30.12 1:02.62		
14 Anoka High School	B	4:23.00	4:24.92	30
1) Billett, Kayla 11	2) Friesen, Shauna 10	3) Hennen, Paige 11	4) January, Donna 11	
32.65 1:07.60 30.03	1:03.37 31.99 1:06.31	31.87 1:07.64		
15 Forest Lake Rangers	B	4:29.03	4:27.59	28
1) Weiger, Erin 10	2) Luscomb, Emilie 10	3) Lawrence, Karlee 9	4) Brockman, Resa 11	
1:08.26 33.19	1:08.63 32.46 1:08.73	29.78 1:01.97		
16 Duluth East	D	4:32.00	4:30.85	26
1) Ham, Abby 10	2) Yecoshenko, Faith 8	3) Buraglio, Kaja 11	4) Elmer, Katie 11	
33.48 1:10.83 31.46	1:08.75 31.49 1:05.72	31.46 1:05.55		
17 Anoka High School	C	4:30.30	4:31.42	24
1) Wahl, Nicole 10	2) Gilmer, Sarah 10	3) Keller, Lexi 12	4) Colby, Jessica 9	
32.99 1:07.30 31.85	1:05.98 31.17 1:05.53	34.23 1:12.61		
18 Blaine Bengals	D	4:31.72	4:37.30	22
1) Takkunen, Lexi 9	2) Erickson, Arianna 12	3) Olson, Katrina 11	4) Hartin, Makenzie 10	
32.94 1:10.98 33.95	1:12.24 33.28 1:09.44	29.98 1:04.64		
19 Champlin Park	B	4:15.00	4:41.82	20
1) Ledray, Laura 11	2) Owens, Courtney 10	3) Johnson, Michelle 12	4) Herron, Kelly 9	
31.91 1:05.87 35.50	1:12.39 32.95 1:10.00	35.42 1:13.56		
20 Coon Rapids	D	4:43.00	4:46.17	18
1) Andrews, Julia 11	2) Larrabee, Kendra 09	3) Daml, Rebecca 09	4) DeJoy, Allison 12	
33.94 1:09.08 34.91	1:14.82 34.15 1:12.93	32.65 1:09.34		
21 Coon Rapids	C	4:40.00	4:49.40	16
1) Wells, Niclolle 10	2) Chouinard, Rachel 12	3) Thurber, Abigail 09	4) Anderson, Courtney 12	
34.79 1:11.47 36.02	1:14.70 34.84 1:15.25	31.51 1:07.98		
22 Andover/Legacy Christian Acade	C	5:04.80	4:55.79	14
1) Baldus, Samantha 10	2) Zapzalka, Peyton 11	3) Kadlec, Cailana 10	4) Backous, Kailee 10	
36.17 1:15.40 40.02	1:21.79 33.59 1:10.45	32.47 1:08.15		
23 Anoka High School	D	5:04.30	4:57.18	12
1) Paaverud, Morgan	2) Shultz, Destiny 9	3) Harris, Janae 9	4) Enriquez, Rebekah 12	
32.71 1:07.33 37.44	1:20.31 37.63 1:17.77	20.85 1:11.77		
24 Champlin Park	C	4:40.00	5:02.71	10
1) Nordlund, Jennifer 9	2) Hirsch, Katie 9	3) Turner, Jaz 11	4) Mittelstaedt, Michaela 11	
33.77 1:12.80 34.82	1:15.51 36.78 1:16.57	37.53 1:17.83		
25 Forest Lake Rangers	C	5:02.15	5:08.06	8
1) Wambold, Kellie 10	2) Zusan, Courtney 10	3) Rangitsch, Brittney 9	4) Tkachuck, Maddie 9	
34.76 1:14.51 36.79	1:17.44 35.47 1:16.70	37.75 1:19.41		
26 Champlin Park	D	5:00.00	5:10.86	6
1) Lamberty, Annalise 09	2) Surma, Stephanie 9	3) Hartland, Kayleigh 09	4) Jendro, Brittany 9	
36.81 1:16.46 37.84	1:18.26 40.65 1:24.69	33.75 1:11.45		
27 Forest Lake Rangers	D	5:20.41	5:13.35	4
1) McMillen, Andrea 11	2) Olson, Alexis 9	3) Vos, Stephanie 9	4) Rachel, Skylah 9	
35.43 1:14.62 40.35	1:24.86 37.99 1:17.74	34.90 1:16.13		

**Combined Team Scores**Combined Team Scores - Through Event 12

1. Duluth East

1184

2. Blaine Bengals

1038.5

**2010 Girls Section 7AA True Team Meet - 10/16/2010**

**2010 Girls Section 7AA True Team Meet**

**Results**

**(Combined Team Scores)**

3. Anoka High School	867	4. Coon Rapids	823.5
5. Forest Lake Rangers	822	6. Andover/Legacy Christian Acade	788
7. Champlin Park	552		